



The theme for the 2010 Tennessee 4-H Congress service project is "Our Hands to a Larger Service." Delegates will be collecting items for Vanderbilt Children's Hospital to benefit families requiring an overnight stay at the hospital. Many patients' families arrive in such a rush that they do not have time to think about basic toiletry items needed during their stay. Suggested items include:

- \* Lip gloss/lip balm
- \* Travel-size deodorant
- \* Travel-size mouthwash
- \* Travel-size shampoo/conditioner
- \* Travel-size soap
- \* Travel-size toothpaste

*Our goal is to collect 100 total items per county in recognition of 100 years of 4-H in Tennessee!*