

**FREE Admission tickets
for FCE members and
senior citizens**

Spend the Day at TN Valley Fair

DATE: TUESDAY, SEPTEMBER 14TH

TIME: 10:30 AM

Location: Air-conditioned Jacobs Building on the TN Valley Fair Grounds

Herbal Vinegars



- **Learn the health benefits of making and using your own herbal vinegars.**
- **Discover interesting facts concerning the nutritional value of herbs.**
- **Learn how to transform traditional recipes into a more current healthy fare. (This includes marinades, sauces and salad dressings.)**
- **Participants will have the opportunity to create their own sample- size vinegar to take home..**

Visit other activities while at the Tennessee Valley Fair.

A trolley will be running all day between parking lots and all activity sites.

A limited number of parking passes are available for carpools from counties. Please contact your Agent.

FCE Day @ the Fair